

Prevention of Drowning Accidents



Points

- Check before you swim
- Take care of your health
- Make early judgements

Check before you swim

- Do not fish in places where you are in danger of falling.
- Be careful even when the water looks calm. Sometimes there are invisible currents, places where the river suddenly becomes deep, or slippery places.
- Check the weather in advance and do not go into rivers or the sea when there is bad weather.
- Have a life jacket that fits you and wear it correctly.



Take care of your health



Do not go into rivers or the sea when you are drunk or do not feel well.

Make early judgements



- Do not go into a river if there is bad weather such as a storm or lightning, or there is a risk that water levels increase because of the rain upstream.
- Do not let your children play in rivers alone and watch them at all times.