

Chapter 3 Live / Housing

It is essential to learn about garbage disposal and noise rules when living in Japan. Japan is a natural disaster-prone country. In case of a disaster, you'll need to know how to survive.

3-1 Garbage disposal



- There are different types of garbage.
- There is a fixed trash day, and time, with a bag designated for each type of garbage.
- Do not take away garbage that has been put out.



One-point advice

Garbage disposal rules and bags vary, depending on the ward, city, town, and village where you live. Check with the municipality office.

Combustible



Kitchen
waste



Used tissue
paper



Paper
etc.

Incombustible



Umbrella



Scissors



Kettle



Fork/spoon
etc.

Recyclables



Empty
bottle



Empty
can



PET bottle



Plastic



Paper



etc.

Oversized garbage



Bicycle



Drawer



Futon

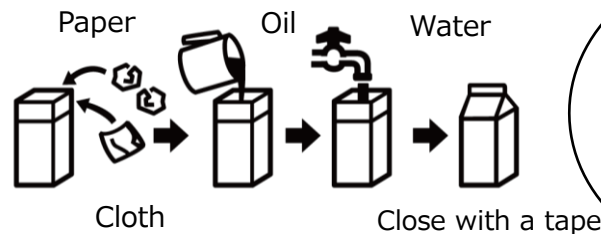
etc.

- ◆ Take it directly to a disposal facility
- ◆ Arrange a pickup
 - ※ A handling fee may be applied. Check it out.

Disposal of used oil

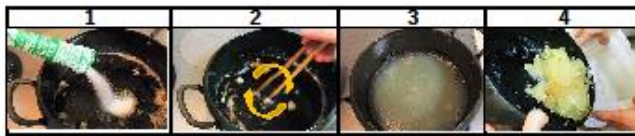
Pouring used oil directly down the sink may cause clogging in the drain pipe.

◆ With milk carton



Oil hardeners
(coagulants)
are available at
druga stores.

◆ With oil hardener



3-2 Noise



- Stay quiet after 9 pm in Japan.
- Japanese houses are small and close to neighboring homes. Loud sounds and voices are a neighborhood nuisance.



3-3 How to use dormitories and apartments

When living in a dormitory or apartment, keep in mind the following points. Additionally, many Japanese people love cleanliness. They often clean up to keep their place of life clean. You should get into the habit of cleaning an entire room at least once each week.

- It is not your house. Use it cleanly by sweeping and ventilating.
 - The hallway is a shared space. Do not put your things.
 - Do not make holes in the wall.
 - Take off your shoes inside the room.
- The air tends to be dry, and the room is prone to fire. Be aware of the following:
- ① Do not hang and dry laundry directly above the stove.
 - ② Do not place curtains or other flammable items near the stove.
 - ③ Do not throw away cigarettes in the trash bin.
 - ④ When using the gas stove, do not leave the place.

<"Nihongo" - let's use it!>



Where should I put out empty cans?

3-4 When a natural disaster occurs



- In the event of a disaster, a lot of misleading and confusing information will be made available, so please check the TV news and Internet frequently for the most up-to-date information.
- Regularly check the locations of the evacuation shelters nearest your home and learn how to contact your workplace.

【Earthquake】

When you feel a shake;

- Move under the table to protect yourself.
- Move to a place where the furniture will not fall.



When the shaking stops;

- Extinguish a fire from gas appliances such as a stove.
- Open the doors and windows.

When you leave home;

- Close the main gas valve and turn off the circuit breaker.

【Tsunami】

- A tsunami can occur after an earthquake hits.
- Do not approach the sea or river.
- Tsunamis are powerful, tall, and fast tidal waves. Evacuate to higher ground immediately.



【Typhoon / Heavy rain / Flood】

- Heavy rain and strong winds result in tall sea waves and increased river water that cause dangerous situations.
- Do not go outside when the rain and winds are heavy.

3-5 Neighborhood and Residents' association systems

- They are community organizations where people who live in the same area can help each other and work together toward making the community a more comfortable place to live. The enrollment is optional, and you are not required to join.
- Try to participate in gatherings and events of neighborhood and residents' associations to promote the exchange with the neighboring residents. e.g.: Disaster prevention drills, community cleaning events, and festivals.
- Circulate "kairanban," a clipboard that contains local notification and pass down from the neighbor to the next-door neighbor.
- Keep in touch with neighbors so that you can help each other in the event of a disaster.

<"Nihongo" - let's use it!>



How should we respond when an earthquake occurs?