

奥三河マラソンシリーズ ポイント表【男性】

距離別タイム				ポイント
ハーフ	10km	5km		
~1:03'38				152
1:03'39~1:03'59				151
1:04'00~1:04'20				150
1:04'21~1:04'41				149
1:04'42~1:05'02				148
1:05'03~1:05'23				147
1:05'24~1:05'44				146
1:05'45~1:06'05				145
1:06'06~1:06'26				144
1:06'27~1:06'48				143
1:06'49~1:07'09				142
1:07'10~1:07'30				141
1:07'31~1:07'51				140
1:07'52~1:08'12				139
1:08'13~1:08'33				138
1:08'34~1:08'54				137
1:08'55~1:09'16				136
1:09'17~1:09'37				135
1:09'38~1:10'19	0:30'10~0:30'19			134
1:10'20~1:10'40	0:30'20~0:30'29			133
1:10'41~1:11'01	0:30'30~0:30'39			132
1:11'02~1:11'22	0:30'40~0:30'49			131
1:11'23~1:11'43	0:30'50~0:30'59			130
1:11'44~1:12'04	0:31'00~0:31'09			129
1:12'05~1:12'25	0:31'10~0:31'19			128
1:12'26~1:12'46	0:31'20~0:31'29			127
1:12'47~1:13'07	0:31'30~0:31'49			126
1:13'08~1:13'28	0:31'50~0:31'59			125
1:13'29~1:13'49	0:32'00~0:32'09			124
1:13'50~1:14'11	0:32'10~0:32'19			123
1:14'12~1:14'32	0:32'20~0:32'29			122
1:14'33~1:14'53	0:32'30~0:32'39			121
1:14'54~1:15'14	0:32'40~0:32'49			120
1:15'15~1:15'35	0:32'50~0:32'59			119
1:15'36~1:15'56	0:33'00~0:33'09			118
1:15'57~1:16'17	0:33'10~0:33'19			117
1:16'18~1:16'38	0:33'20~0:33'29			116
1:16'39~1:16'59	0:33'30~0:33'39			115
1:17'00~1:17'20	0:33'40~0:33'49			114
1:17'21~1:17'42	0:33'50~0:33'59			113
1:17'43~1:18'03	0:34'00~0:34'09			112
1:18'04~1:18'24	0:34'10~0:34'19			111
1:18'25~1:18'45	0:34'20~0:34'39			110
1:18'46~1:19'06	0:34'40~0:34'49			109
1:19'07~1:19'27	0:34'50~0:34'59			108
1:19'28~1:19'48	0:35'00~0:35'09			107
1:19'49~1:20'09	0:35'10~0:35'19			106
1:20'10~1:20'30	0:35'20~0:35'29			105
1:20'31~1:20'51	0:35'30~0:35'39			104
1:20'52~1:21'13	0:35'40~0:35'49	0:15'10~0:15'14		103
1:21'14~1:21'34	0:35'50~0:35'59	0:15'15~0:15'24		102
1:21'35~1:21'55	0:36'00~0:36'09	0:15'25~0:15'29		101
1:21'56~1:22'16	0:36'10~0:36'19	0:15'30~0:15'39		100
1:22'17~1:22'37	0:36'20~0:36'29	0:15'40~0:15'44		99
1:22'38~1:22'58	0:36'30~0:36'39	0:15'45~0:15'54		98
1:22'59~1:23'19	0:36'40~0:36'49	0:15'55~0:15'59		97
1:23'20~1:23'40	0:36'50~0:36'59	0:16'00~0:16'04		96
1:23'41~1:24'01	0:37'00~0:37'09	0:16'05~0:16'14		95
1:24'02~1:24'22	0:37'10~0:37'29	0:16'15~0:16'19		94
1:24'23~1:24'43	0:37'30~0:37'39	0:16'20~0:16'29		93
1:24'44~1:25'05	0:37'40~0:37'49	0:16'30~0:16'34		92
1:25'06~1:25'26	0:37'50~0:37'59	0:16'35~0:16'44		91
1:25'27~1:25'47	0:38'00~0:38'09	0:16'45~0:16'49		90
1:25'48~1:26'08	0:38'10~0:38'19	0:16'50~0:16'59		89
1:26'09~1:26'29	0:38'20~0:38'29	0:17'00~0:17'04		88
1:26'30~1:26'50	0:38'30~0:38'39	0:17'05~0:17'14		87
1:26'51~1:27'11	0:38'40~0:38'49	0:17'15~0:17'19		86
1:27'12~1:27'32	0:38'50~0:38'59	0:17'20~0:17'24		85
1:27'33~1:27'53	0:39'00~0:39'09	0:17'25~0:17'34		84
1:27'54~1:28'14	0:39'10~0:39'19	0:17'35~0:17'39		83
1:28'15~1:28'36	0:39'20~0:39'29	0:17'40~0:17'49		82
1:28'37~1:28'57	0:39'30~0:39'39	0:17'50~0:17'54		81
1:28'58~1:29'18	0:39'40~0:39'49	0:17'55~0:18'04		80
1:29'19~1:29'39	0:39'50~0:39'59	0:18'05~0:18'09		79
1:29'40~1:30'00	0:40'00~0:40'19	0:18'10~0:18'19		78
1:30'01~1:30'21	0:40'20~0:40'29	0:18'20~0:18'24		77

距離別タイム				ポイント
ハーフ	10km	5km		
1:30'22~1:30'42	0:40'30~0:40'39	0:18'25~0:18'29		76
1:30'43~1:31'03	0:40'40~0:40'49	0:18'30~0:18'39		75
1:31'04~1:31'24	0:40'50~0:40'59	0:18'40~0:18'44		74
1:31'25~1:31'45	0:41'00~0:41'09	0:18'45~0:18'54		73
1:31'46~1:32'07	0:41'10~0:41'19	0:18'55~0:18'59		72
1:32'08~1:32'28	0:41'20~0:41'29	0:19'00~0:19'09		71
1:32'29~1:32'49	0:41'30~0:41'39	0:19'10~0:19'14		70
1:32'50~1:33'10	0:41'40~0:41'49	0:19'15~0:19'24		69
1:33'11~1:33'31	0:41'50~0:41'59	0:19'25~0:19'29		68
1:33'32~1:33'52	0:42'00~0:42'09	0:19'30~0:19'39		67
1:33'53~1:34'13	0:42'10~0:42'19	0:19'40~0:19'44		66
1:34'14~1:34'35	0:42'20~0:42'29	0:19'45~0:19'49		65
1:34'36~1:34'56	0:42'30~0:42'39	0:19'50~0:19'59		64
1:34'57~1:35'17	0:42'40~0:42'49	0:20'00~0:20'04		63
1:35'18~1:35'38	0:42'50~0:43'09	0:20'05~0:20'14		62
1:35'39~1:36'00	0:43'10~0:43'19	0:20'15~0:20'19		61
1:36'01~1:36'21	0:43'20~0:43'29	0:20'20~0:20'29		60
1:36'22~1:36'42	0:43'30~0:43'39	0:20'30~0:20'34		59
1:36'43~1:37'03	0:43'40~0:43'49	0:20'35~0:20'44		58
1:37'04~1:37'24	0:43'50~0:43'59	0:20'45~0:20'49		57
1:37'25~1:37'45	0:44'00~0:44'09	0:20'50~0:20'54		56
1:37'46~1:38'06	0:44'10~0:44'19	0:20'55~0:21'04		55
1:38'07~1:38'27	0:44'20~0:44'29	0:21'05~0:21'09		54
1:38'28~1:38'48	0:44'30~0:44'39	0:21'10~0:21'19		53
1:38'49~1:39'09	0:44'40~0:44'49	0:21'20~0:21'24		52
1:39'10~1:39'30	0:44'50~0:44'59	0:21'25~0:21'34		51
1:39'31~1:39'51	0:45'00~0:45'09	0:21'35~0:21'39		50
1:40'52~1:40'13	0:45'10~0:45'19	0:21'40~0:21'49		49
1:40'14~1:40'34	0:45'20~0:45'29	0:21'50~0:21'54		48
1:40'35~1:40'55	0:45'30~0:45'39	0:21'55~0:22'04		47
1:40'56~1:41'16	0:45'40~0:45'49	0:22'05~0:22'09		46
1:41'17~1:41'37	0:45'50~0:45'59	0:22'10~0:22'14		45
1:41'38~1:41'58	0:46'00~0:46'09	0:22'15~0:22'24		44
1:41'59~1:42'19	0:46'10~0:46'19	0:22'25~0:22'29		43
1:42'20~1:42'40	0:46'20~0:46'29	0:22'30~0:22'39		42
1:42'41~1:43'01	0:46'30~0:46'39	0:22'35~0:22'39		41
1:43'02~1:43'22	0:46'40~0:46'49	0:22'40~0:22'44		40
1:43'23~1:43'43	0:46'50~0:46'59	0:22'45~0:22'54		39
1:43'44~1:44'04	0:47'00~0:47'09	0:22'55~0:22'59		38
1:44'05~1:44'25	0:47'10~0:47'19	0:23'00~0:23'09		37
1:44'26~1:44'46	0:47'20~0:47'29	0:23'10~0:23'14		36
1:44'47~1:45'07	0:47'30~0:47'39	0:23'15~0:23'19		35
1:45'08~1:45'28	0:47'40~0:47'49	0:23'20~0:23'29		34
1:45'29~1:45'49	0:47'50~0:47'59	0:23'30~0:23'34		33
1:45'50~1:46'10	0:48'00~0:48'09	0:23'35~0:23'44		32
1:46'11~1:46'31	0:48'10~0:48'19	0:23'45~0:23'49		31
1:46'32~1:46'52	0:48'20~0:48'29	0:23'50~0:23'59		30
1:46'53~1:47'13	0:48'30~0:48'39	0:24'00~0:24'04		29
1:47'14~1:47'34	0:48'40~0:48'49	0:24'05~0:24'14		28
1:47'35~1:47'55	0:48'50~0:48'59	0:24'15~0:24'19		27
1:47'56~1:48'16	0:49'00~0:49'09	0:24'20~0:24'29		26
1:48'17~1:48'37	0:49'10~0:49'19	0:24'30~0:24'34		25
1:48'38~1:48'58	0:49'20~0:49'29	0:24'35~0:24'39		24
1:48'59~1:49'19	0:49'30~0:49'39	0:24'40~0:24'49		23
1:49'20~1:49'40	0:49'40~0:49'49	0:24'50~0:24'54		22
1:49'41~1:49'61	0:49'50~0:49'59	0:25'00~0:25'04		21
1:49'62~1:50'03	0:50'00~0:50'09	0:25'05~0:25'09		20
1:50'04~1:50'24	0:50'10~0:50'19	0:25'10~0:25'19		19
1:50'25~1:50'45	0:50'20~0:50'29	0:25'20~0:25'24		18
1:50'46~1:51'06	0:50'30~0:50'39	0:25'25~0:25'29		17
1:51'07~1:51'27	0:50'40~0:50'49	0:25'35~0:25'39		16
1:51'28~1:51'48	0:50'50~0:50'59	0:25'40~0:25'44		15
1:51'49~1:52'09	0:51'00~0:51'09	0:25'45~0:25'54		14
1:52'10~1:52'30	0:51'10~0:51'19	0:25'55~0:25'59		13
1:52'31~1:52'51	0:51'20~0:51'29	0:26'00~0:26'09		12
1:52'52~1:53'12	0:51'30~0:51'39	0:26'10~0:26'14		11
1:53'13~1:53'33	0:51'40~0:51'49	0:26'15~0:26'24		10
1:53'34~1:53'54	0:51'50~0:51'59	0:26'20~0:26'29		9
1:53'55~1:54'15	0:52'00~0:52'09	0:26'25~0:26'34		8
1:54'16~1:54'36	0:52'10~0:52'19	0:26'30~0:26'39		7
1:54'37~1:54'57	0:52'20~0:52'29	0:26'35~0:26'44		6
1:54'58~1:55'18	0:52'30~0:52'39	0:26'40~0:26'49		5
1:55'19~1:55'39	0:52'40~0:52'49	0:26'45~0:26'54		4
1:55'40~1:56'00	0:52'50~0:52'59	0:26'50~0:26'59		3
1:56'01~1:56'21	0:53'00~0:53'09	0:27'00~0:27'04		2
1:56'22~1:56'42	0:53'10~0:53'19	0:27'05~0:27'14		1
1:56'43~1:57'03	0:53'20~0:53'29	0:27'10~0:27'19		
1:57'04~1:57'24	0:53'30~0:53'39	0:27'15~0:27'24		
1:57'25~1:57'45	0:53'40~0:53'49	0:27'20~0:27'29		
1:57'46~1:58'06	0:53'50~0:53'59	0:27'25~0:27'34		
1:58'07~1:58'27	0:54'00~0:54'09	0:27'30~0:27'39		
1:58'28~1:58'48	0:54'10~0:54'19	0:27'35~0:27'44		
1:58'49~1:59'09	0:54'20~0:54'29	0:27'40~0:27'49		
1:59'10~1:59'30	0:54'30~0:54'39	0:27'45~0:27'54		
1:59'31~1:59'51	0:54'40~0:54'49	0:27'50~0:27'59		
1:59'52~2:00'12	0:54'50~0:54'59	0:27'55~0:28'04		
2:00'13~2:00'33	0:55'00~0:55'09	0:28'00~0:28'09		
2:00'34~2:00'54	0:55'10~0:55'19	0:28'05~0:28'14		
2:00'55~2:01'15	0:55'20~0:55'29	0:28'10~0:28'19		
2:01'16~2:01'36	0:55'30~0:55'39	0:28'15~0:28'24		
2:01'37~2:01'57	0:55'40~0:55'49	0:28'20~0:28'29		
2:01'58~2:02'18	0:55'50~0:55'59	0:28'25~0:28'34		
2:02'19~2:02'39	0:56'00~0:56'09	0:28'30~0:28'39		
2:02'40~2:03'00	0:56'10~0:56'19	0:28'35~0:28'44		
2:03'01~2:03'21	0:56'20~0:56'29	0:28'40~0:28'49		
2:03'22~2:03'42	0:56'30~0:56'39	0:28'45~0:28'54		
2:03'43~2:04'03	0:56'40~0:56'49	0:28'50~0:28'59		
2:04'04~2:04'24	0:56'50~0:56'59	0		